



## Best of Continental 2018 Course Of Fire Sunday March 11<sup>th</sup> 2018

**Match Directors / ROs: Steve B / John J**

**Setup 8:00am**

**Sighting in 8:30 to 9:45**

**Shoot starts at 10:00**

### **.22 Warm ups**

#### **Match 1: Plinking:**

With hot rifle, on command engage five 4-inch plates at 100m as indicated as your colour in 30 secs from sitting or kneeling position. Do not engage your balloon.

Unlimited ammo. Plates score as 5 points. Balloon still standing 5 points.

(Note: feel free to engage anyone else's balloon)

Max 25 Points

#### **Match 2: Officer and Grunts:**

Now that you have your eye in, with hot rifle standing at the ready (45 degrees) on command take out the 100m 4-inch Plate with a maximum of 10 rounds.

Once plate is down, adopt the prone position and engage remaining rounds on the 100m figure 12.

Time limit 60 secs. Plate scores as a V.

Max 50 Points, 10 rounds

### **Best of Continental**

#### **Match 1 Trinity:**

Usual format, 5 rds. Standing, 5 rds. Sitting/kneeling/, 5 rds. prone. 1 minute per position Figure 12 target. 100yds Time given between positions for reloads.

Max 75 Points, 15 rounds.

#### **Match 2 Action M:**

Start standing behind the rifle. Rifle is loaded with 5 rounds, bolt closed on an empty chamber. On the command go to the prone position and fire 2 rounds, stand up fire 2 rounds, adopt the sitting kneeling or squatting position and fire 1 round. Reload fire one round then adopt the standing position and fire 2 rounds. Adopt the prone position and fire 2 rounds.

Max 50 Points, 10 rounds



**Match 3 Application:**

10 rounds prone on fig 12 at 100 yds in 2 minutes. Only Vs & 5s count unless you have a bayonet fitted (and extended). Slings allowed.

Max Points 50, 10 rounds

**Match 4 Long Shot:**

With hot rifle, on command, engage the 200m figure 12 from the Standing position with 5 rounds in 60 secs.

Max 25 points 5 rounds.

**Best of Continental Cup is open to any non-US (or UK) modelled rifle issued by an armed force in Europe is eligible. I.e. SKS, FNFAL, G3, AK, Mauser 98, M41, Nagant.**

**All other rifles welcomed in Open class as per usual and compete for the Open Optic or Irons Trophies.**

**CMP Match 200 yds, Target Figure 12****Basic 30 Round Civilian Marksmanship Program**

**Match 1:** 10 shots prone slow fire 10 minutes time limit. Slings allowed

**Match 2:** 10 shots prone rapid fire standing to prone 60 Seconds for Semis, 80 seconds for bolt rifles  
Slings allowed

**Match 3:** 10 shots standing slow fire in 10 minutes. No slings but they must be fitted to rifle if used in other matches.